

# **OVERCOME**

Session 01

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**I WILL NOT LEAVE YOU Comfortless:  
I WILL COME TO YOU.  
JOHN 14:18**

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*"Solitude and isolation are painful things and beyond human endurance."  
-Jules Verne*

Nothing in our universe is created to operate by itself. While the motivations for choosing to isolate oneself may vary from shame to depression, an individual needs a correct Godly perspective if they are to combat this deadly device that is used by our enemy.

## **PART 1: ISOLATION**

*[Cause, a person or place, to be or remain alone or apart from others.]*

"Terrence", former lead singer, possessed a powerful and unique voice. In addition to this, he also came from a broken home, which in part led to his heroin addiction. After much loss in his life due to addiction, he became lonely and isolated. It would be some time before his body was found after a fatal overdose.

## **PART 2: ENCOURAGEMENT**

*[The action of giving someone support, confidence, or hope.]*

"Phil" who would eventually climb high on the corporate ladder, suffered from cocaine and heroin abuse. After he realized something had to change, he was approached by someone at a meeting who reached out to him when he needed it the most.

## **PART 3: SERVE OTHERS**

Many of the motivating factors that we discuss deal with an intense, unhealthy inward focus on ourselves. When we focus on ourselves to such a degree, we neglect those around us and their needs. Our best course of action is to pray for God to provide opportunities to serve others.